

FLOURISH AT HOME

Week 8: Outclassed Discussion Guide

We become outclassed to surpass. Listen as Ms. B encourages us to be women who are CAPABLE of surpassing the status quo THROUGH Jesus Christ; walking in humility and surrender as we stand with fortitude in our world!

1. Has there ever been a week in your life where you needed a moment to breathe?
2. Mrs. B mentions that there is a spiritual undercurrent that is present in our daily lives. Sometimes what is happening to our physical bodies can affect our mind, will, and emotions, and vice versa. Discuss how this is true in your own life.
3. Are you performance driven? A “give me the rules and I’ll do it” kind of person? Do you find yourself so caught up in performing that you miss what God is showing you through what HE has called you to do?
4. What do you do when you realize you are performing out of your own strength and out of being approved?
5. Read Galatians 6:7.
God knows the depths of our hearts. What are you sowing today in humility that will reap a good harvest?
6. In discussing spiritual undercurrents this week, Ms. B’s tells of when her kitchen flooded. She mentioned that she froze and could not say much because it was a “straw that broke the camel’s back” moment. In those moments, do life’s trials cause you to freeze, to move into action, or to become apathetic?
7. Her children approached the situation a little bit differently. They were peaceful because they knew their daddy had the situation in his hands. Do you absorb the chaos in life, or do you allow God to take it as you walk in peace?
8. Ms. B said, “the thing that makes the Proverbs 31 woman OUTCLASSED and attractive is her ability to stand in her world with fortitude.” She also said that, “we must know that on the other side of our humility lies the solution.” What does this mean to you?
9. Your circumstances and life lessons are crafted just for you. How have you seen God move in your current circumstances?
10. In your surrender, do you reach out and ask for help? Who can you go to for help and encouragement?