

FLOURISH AT HOME

Week 9: Outclassed Discussion Guide

Becoming a Proverbs 31 woman is a journey over the span of our lives. It's not just a one-time fix. It's connecting our hearts with the heart of God. In this week, we take another step as we dig into having a heart of integrity.

Ms. B related eating food and being hungry to being hungry for the word of God. If we eat too fast and don't take the time to chew, we miss out on the nutrients that good food provides. We need to slow down and take in God's word one bite at a time the same way. This is calorie free living!

1. What is one way you spiritually meal prep?

From this list, which one(s) do you struggle with?

2. Read Proverbs 4:25-27.

Wisdom is only effective when we put it into action. Solomon, is wanting to help us live a life that is pleasing to God. Do you have any personal goals in the area of wisdom?

7. Practical tools to help us walk in integrity are accountability, reading the Word of God, surrounding ourselves with Godly voices of integrity, releasing unhealthy voices, and praying. Which of these tools do you feel you need to start using?

3. Proverbs 4:21 (MSG) says "Keep my message in plain view at all times." Do you keep God's Word in plain view at all times? Discuss some ways you do this.

8. Ms. B shares a time in her story when she heard God for the first time in Dillard's. This specific moment was so clear, and everything was lining up. But somewhere along the way, there were distractions. (Remember: the enemy doesn't want us to hit our targets). How do you relate to her story?

4. In your own words, describe integrity.

5. Definition: Integrity is the quality of being honest and having strong moral principles; moral uprightness. The state of being whole and undivided. What part of this definition stands out to you, and how does this relate to being outclassed, or a Proverbs 31 woman?

10. Take a moment and ask God to reveal to you if there are any areas in your life where you can repent for compromising your integrity. Know that God is right there with you, ready to reveal HIS love to you in a deeper way. Know that you are fully forgiven and accepted in HIM through Jesus Christ.

6. Things that sabotage our integrity: insecurity, fear, inadequacy, and pride.